



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nico Ras**

Has successfully participated & completed the

**23km Cradle Escape - Adventure (7am)**

held at Cradle Moon Lodge.

**TIME 02:28:44**

**PACE 9.28km/h**

**GENDER 26 of 40**

**OVERALL 29 of 43**

**SUB VETERAN 9 of 13**

12 September 2020, Sat

Date



*BoutTime*

Signature

